

jump**start**

HOURS

7:30AM- 10:45 AM



Breakfast Combos

Combo 1 Grits (65), eggs (78), meat (180-200) Biscuit (64)	Price \$5.95
Combo 2 Cheese eggs (187) or cheese grits (428) Meat (180-200), biscuit (64)	Price \$6.10
Combo 3 (2) Pancakes, grits (64), or eggs (64) Meat (180)	Price \$6.95
Combo 4 (2) Pancakes (420), cheese grits (428) Or cheese eggs (187) meat (180-200)	Price \$7.25
Combo 5 French toast (305), meat (180-200) Cheese eggs (187), hashbrown (169)	Price \$6.50

Hot Beverages

	Price	Calories
Hot Chocolate	\$1.95	194
Coffee	\$1.95	1
Hot Tea	\$1.10	2

A la Cate

	Price	Calories
Bacon (3)	\$2.35	200
Chicken Sausage	\$2.65	180
Turkey Sausage	\$1.85	180
Pancakes (2)	\$2.15	210
Biscuit	\$1.25	64
Biscuit w/ cheese	\$1.75	164
French Toast (3)	\$3.15	305
Toast (1)	\$0.85	64
Grits	\$1.25	65
Grits and cheese	\$1.85	428
Egg (1)	\$1.40	78
Egg and cheese	\$1.85	178
Oatmeal and Toppings	\$2.00	182-220
Oatmeal Plain	\$1.50	145
Hashbrowns	\$1.75	169
Boiled Egg	\$1.50	78

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

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Breakfast Sandwiches

Bacon Egg (278)	\$3.75
Pork Sausage Egg (245)	\$3.75
Turkey Patty Egg (258)	\$3.40
Chicken Sausage Egg (285)	\$4.05
+ Cheese (80)	\$0.75

**Drinks sold separately*

**Bottled Beverages not included*

Hot Beverages

	Price	Calories
Hot Chocolate	\$1.95	194
Coffee	\$1.95	1
Hot Tea	\$1.10	2

A la Carte

	Price	Calories
Bacon (3)	\$2.35	200
Chicken Sausage	\$2.65	180
Turkey Sausage	\$1.85	180
Pancakes (2)	\$2.15	210
Biscuit	\$1.25	64
Biscuit w/ cheese	\$1.75	164
French Toast (3)	\$3.15	305
Toast (1)	\$0.85	64
Grits	\$1.25	65
Grits and cheese	\$1.85	428
Egg (1)	\$1.40	78
Egg and cheese	\$1.85	178
Oatmeal and Toppings	\$2.00	182-220
Oatmeal Plain	\$1.50	145
Hashbrowns	\$1.75	169
Boiled Egg	\$1.50	78

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